## Industrial Hygiene Field Operations Manual (IHFOM) – Record of Changes

Chapter	Paragraph	Description	File Date*
Chapter 6	All	Updated references.	8 MAR 2022
Industrial Ventilation	All added Amnordians O	Lladatad Chanton O to add links to	12 CED 2021
Chapter 9 Respiratory Protection	All, added Appendices 9-B, 9-C, and 9-D.	Updated Chapter 9 to add links to Respirator Toolbox. Added newly	13 SEP 2021
Respiratory Protection	b, 3-c, and 3-b.	developed checklists as appendices.	
Chapter 8	Appendix 8-C	Updated Chapter 8 to reinsert the	23 AUG 2021
Equipment Maintenance		Equipment Repair or Replacement	
and Calibration		Decision Chart at Appendix 8-C and	
		updated the reference.	
Chapter 8	All	Updated Chapter 8 to reflect current	23 JUN 2021
Equipment Maintenance		guidance for industrial hygiene	
and Calibration		sampling equipment and calibration.	
Chapter 2	5e, Appendix 2-D	Updated Chapter 2 to add additional	4 JUN 2021
Industrial Hygiene Surveys and Survey		reference for reproductive and	
Reports		developmental hazards identification. Added exception for weapons	
Перогіз		qualifications only noise exposures for	
		an otherwise Priority 3 Shop.	
Sampling Form	NMCPHC 5100/18	Fixed typo for Post Cal Date. Added	17 MAY 2021
	,	field for DOEHRS Sample #. Reduced	
		the columns down to three workers in	
		order to allow more room for writing.	
		Fixed wrapping/font issues	
		throughout. Moved explanations and	
		definitions pages to attachment.	
		Added CUI designation block and drop	
		down CUI headers/footers in	
Chapter 6	5k	accordance with DoD CUI guidance. Updated Chapter 6 to match policy	10 MAY 2021
Industrial Ventilation	JK	guidance on BSC certification by	10 WAT 2021
madorial ventuation		accredited personnel.	
Chapter 2	2f, 2g, 2j, Appendix 2-D	Updated Chapter 2 to match	22 MAR 2021
Industrial Hygiene		Occupational Exposure Limit	
Surveys and Survey		definition to policy guidance. Added	
Reports		control and medical surveillance	
		criteria definition. Added clarification	
		on what is a significant hazard. Added	
		DoD guidance requiring labs that use	
		infectious agents and toxins to get an	
		annual survey.	



Chapter	Paragraph	Description	File Date*
Chapter 5 Noise Survey	All, added Appendix 5-A	Updated Chapter 5 to include the latest guidance on impulse noise measurement and evaluation including the addition of Appendix 5-A. Updated reference links.	11 FEB 2021
Chapter 3 Sampling Procedures	2e, 2g, 12a, 13a, 16a, 17b, 17c	Updated Chapter 3 to match Occupational Exposure Limit definition to policy guidance. Added a definition of inspirability. Clarified that media must be analyzed before expiration date.	11 FEB 2021
Chapter 6 Industrial Ventilation	5j	Updated Chapter 6 to match policy guidance and added clarification note on BSC certification.	22 JAN 2021
Chapter 4 Exposure Assessment Strategies	2q	Updated Chapter 4 to match Occupational Exposure Limit definition to policy guidance.	22 JAN 2021
Chapter 3 Sampling Procedures	12a, 13a, 16a, 17b, 17c	Updated Chapter 3 to clarify that media must be analyzed before expiration date.	12 MAR 2020
All	All	Updated all revision dates to 22 NOV 2019 to correspond to IHFOM reissuance. Minor formatting changes throughout. Substantive edits are listed below under the respective Chapters.	22 NOV 2019
Chapter 1 Introduction	1	Updated Chapter 1 to clarify that the IHFOM is guidance and does not dictate policy unless referencing policy documents.	22 NOV 2019
Chapter 6 Industrial Ventilation	5g, 5j	Updated Chapter 6 to clarify that annual ventilation assessments should be done. Clarified accreditation requirements for personnel who certify BSCs.	22 NOV 2019
Chapter 3 Sampling Procedures	12	Updated Chapter 3 to remove directions on how to perform gravimetric analysis.	22 NOV 2019



Chapter	Paragraph	Description	File Date*
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 to reflect current guidance on the required sections in an industrial hygiene survey. Clarified the definition of survey dates. Updated ototoxin references. Updated reference from TOXNET to PubChem. Updated requirements for noting AUL deficiencies to match requirements in OPNAVINST 5100.23 Series.	22 NOV 2019
Sampling Form	NMCPHC 5100/15	Minor cosmetic changes.	30 SEP 2019
Sampling Form	NMCPHC 5100/23	Formerly NMCPHC 5100/15.2; Brought form back as 5100/23.	30 SEP 2019
Chapter 13 Indoor Environmental Quality	All	Updated Chapter 13 formatting. Combined all documents into one file for ease of use.	23 SEP 2019
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 to include the need to identify and annotate ototoxins and two possible references to use. Added design review and change notification statements to put into IH survey. Clarified roles and responsibilities for supporting detachments.	17 SEP 2019
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 to include additions, rewording, and restructuring for clarity.	16 SEP 2019
Chapter 11 Ultraviolet Radiation	All	Updated Chapter 11 formatting.	30 JUL 2019
Chapter 5 Noise Surveys	All	Updated Chapter 5 formatting. Removed BUMEDNOTE 6260 and updated references. Changed limit from 96 dBA to 104 dBA for when double hearing protection is required. Removed requirement for derating hearing protection devices (50% of the NRR).	22 JUL 2019
Chapter 6 Industrial Ventilation	Reference 6-8	Updated reference 6-8 NSF/ANSI 49- 2018 to latest edition.	24 JUN 2019



Chapter	Paragraph	Description	File Date*
Chapter 2 Industrial Hygiene Surveys and Survey Reports  Chapter 10	3a(1) and 3a(2); Appendix 2-A, 5e(1) and 5e(2)	Updated Chapter 2 to include language to assess primarily workplace hazards that present a significant risk. Added need to identify and annotate skin or respiratory sensitizers in addition to reproductive or developmental hazards and carcinogens.  Updated Chapter 10 formatting.	19 JUN 2019
Personal Protective Equipment and Chemical Protective Clothing Chapter 8	All	Updated Chapter 8 formatting.	10 JUN 2019
Equipment Maintenance and Calibration	All	opuated chapter o formatting.	10 3014 2013
Chapter 9 Respiratory Protection	All	Updated Chapter 9 formatting.	10 JUN 2019
Chapter 12 Hazardous Materials Spills/Waste Operations	All	Updated Chapter 12 formatting.	23 MAY 2019
Chapter 7 Asbestos Monitoring Procedures	All	Updated Chapter 7 formatting.	23 APR 2019
Chapter 6 Industrial Ventilation	All	Updated Chapter 6 formatting.	16 APR 2019
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 formatting. Clarify IH program office support requirements for Detachments.	16 APR 2019
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 formatting. Updated OEL definition.	11 MAR 2019
Chapter 1 Introduction	All	Updated Chapter 1 formatting. Changed Commanding Officer to Commander.	11 MAR 2019
Chapter 3 Sampling Procedures	All	Updated Chapter 3 formatting. Updated OEL definition.	1 MAR 2019
Sampling Forms	NMCPHC 5100/13 and NMCPHC 5100/14	Corrected definition of Lower Flow Rate.	1 MAR 2019



Chapter	Paragraph	Description	File Date*
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 formatting. Updated reproductive hazard reference. Updated medical surveillance guidance. Updated OEL definition.	1 FEB 2019
Chapter 8 Equipment Maintenance and Calibration	All	Updated Chapter 8 formatting.	10 JAN 2019
Chapter 13 Indoor Environmental Quality	All	Updated Chapter 13 formatting and appendices.	14 DEC 2018
Chapter 6 Industrial Ventilation	All	Updated Chapter 6 to reflect current guidance. This update included reformatting the chapter and adding a link to specific ship design criteria.	21 NOV 2018
Chapter 10 Personal Protective Equipment and Chemical Protective Clothing	All	Updated Chapter 10 formatting and hyperlinks.	7 NOV 2018
Chapter 9 Respiratory Protection	All	Updated Chapter 9 to reflect current guidance. This update included reformatting the chapter and updating any hyperlinks.	1 NOV 2018
Chapter 12 Hazardous Materials Spills/Waste Operations	All	Updated Chapter 12 to reflect current guidance. This update also included reformatting the chapter and updating any hyperlinks.	28 SEP 2018
Chapter 7 Asbestos Monitoring Procedures	All	Updated Chapter 7 to reflect current guidance. This update included reformatting the chapter and updating any hyperlinks.	28 SEP 2018
Chapter 5 Noise Surveys	3b(6), 4b(5), 7c, 7d, 7e, 9b	Updated Chapter 5 to remove specific mention of 96dBA or 165 dB(P) for double hearing protection and remove the limit of hearing protection.	31 AUG 2018
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 with minor cosmetic updates.	5 JUL 2018
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 with minor cosmetic updates.	5 JUL 2018

Chapter	Paragraph	Description	File Date*
Chapter 1 Introduction	All	Updated Chapter 1 to reflect current guidance. This update also included reformatting the chapter and updating any hyperlinks.	26 JUN 2018
Chapter 11 Ultraviolet Radiation	All	Updated Chapter 11 with minor cosmetic updates.	26 JUN 2018
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 to reflect current survey guidance. This update also included reformatting the chapter and updating any hyperlinks.	26 JUN 2018
Chapter 3 Sampling Procedures	All	Updated Chapter 3 to reflect current sampling guidance. This update also included reformatting the chapter and updating any hyperlinks.  Removed outdated appendices.	26 JUN 2018
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 to reflect current exposure assessment guidance. This update also included reformatting the chapter and updating any hyperlinks.	26 JUN 2018
Chapter 5 Noise Surveys	All	Updated Chapter 5 with minor cosmetic updates.	26 JUN 2018
Chapter 5 Noise Surveys	12	Updated Chapter 5 to just reference the ANSI Maximum Permissible Ambient Noise Levels for Audiometric Test Rooms.	25 APR 2018
Sampling Forms	NMCPHC 5100/17	Changed the >96 to at 96 for when to record a noise hazardous radius for double hearing protection.	21 FEB 2018
Sampling Forms Definitions	NMCPHC 5100/17	Changed the >96 to greater than or equal to 96 for when to record a noise hazardous radius for double hearing protection.	21 FEB 2018
Sampling Forms and Sampling Forms Definitions	All	Linked forms on IHFOM webpage to Naval Forms Online	<del>21 FEB 2018</del>
Chapter 11 Ultraviolet Radiation	All	Updated Chapter 11 to reflect current guidance for ultraviolet radiation. This update also included reformatting the chapter and updating any hyperlinks.  Received permission from ACGIH to use their current tables and figure.	30 NOV 2017



Chapter	Paragraph	Description	File Date*
Chapter 2 Industrial Hygiene Surveys and Survey Reports	3a(7)	Remove ship template information and added ship repository information.	16 NOV 2017
Chapter 2 Industrial Hygiene Surveys and Survey Reports	3a, 3b, 3g, 3h, and Reference 2-4	Added associating personnel to particular shops, processes and similar exposure groups (SEGs). Added referral to Appendix 2-F. Added discussion of the BUMEDINST 5100.13 requirement to use DOEHRS-IH. Added reference 2-4 BUMEDINST 5100.13 series.	5 Oct 2017
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2-F	Added Appendix 2-F to discuss procedures for managing and transferring data between industrial hygiene program offices.	5 Oct 2017
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2-A, 5e	Added associating personnel to particular shops, processes and SEGs. Added information on SEG assessments.	5 Oct 2017
Chapter 4 Exposure Assessment Strategies	All	General review of Chapter 4 to compare against the latest edition of AIHA, A Strategy for Assessing and Managing Occupational Exposures and minor updates.	1 SEP 2017
Audiometric Booth Certification Form	Footer	Added form number and minor cosmetic changes.	10 JUL 2017
Chapter 2 Industrial Hygiene Surveys and Survey Reports	2e	Add OEL definition to match Chapter 3 and Chapter 4.	18 MAY 2017
Chapter 5 Noise Surveys	5f	Minor typographical change.	6 APR 2017
Chapter 5 Noise Surveys	8 and Reference 5-11	Minor typographical and cosmetic changes.	10 MAR 2017
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2 A, 5e(1)(d) through (f),and 5f(8)	Updated Chapter 2 to reflect current guidance for annotating carcinogen in surveys.	21 DEC 2016
Chapter 5 Noise Surveys	All	Updated Chapter 5 to reflect current guidance for noise. This update included reformatting the chapter and updating any hyperlinks.	17 NOV 2016



Chapter	Paragraph	Description	File Date*
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Reviewed, compared and updated Chapter 2 to include necessary afloat survey format, template and notification of completion guidance from Chapter 14.	14 NOV 2016
Chapter 14 Afloat Industrial Hygiene Survey Reports	All	Deleted. Necessary afloat survey format, template and notification of completion guidance now included in Chapter 2.	14 NOV 2016
Table of Contents	Chapter 14	Removed Chapter 14.	14 NOV 2016
Chapter 3 Sampling Procedures	1e	Added OSHA substance specific section 6(b) of the OSH Act of 1970 rulemaking OELs.	19 Oct 2016
Chapter 4 Exposure Assessment Strategies	20	Added OSHA substance specific section 6(b) of the OSH Act of 1970 rulemaking OELs.	19 Oct 2016
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Reviewed, updated and streamlined information.	28 JUL 2016
Chapter 3 Sampling Procedures	1e	Removed "as published in the IHFOM" since the IHFOM does not publish OELs.	1 APR 2016
Chapter 4 Exposure Assessment Strategies	20	Removed "as published in the IHFOM" since the IHFOM does not publish OELs.	1 APR 2016
Chapter 2 Industrial Hygiene Surveys and Survey Reports	4a and 4c	Added clarification on what is included on an Exposure Monitoring Plan.	21 DEC 2015
Chapter 2 Industrial Hygiene Surveys and Survey Reports	1 and 3e(2)	Added clarification on industrial hygiene role in environmental exposure assessments and determining personnel exposures to chemicals from an environmental source.	8 DEC 2015
Chapter 8 Equipment Maintenance and Calibration	4b	Updated information on equipment that is calibrated at the NMCPHC Calibration Laboratory.	2 DEC 2015
Chapter 8 Equipment Maintenance and Calibration	7	Adding clarification on field calibration of personal sampling pumps.	2 DEC 2015



Chapter	Paragraph	Description	File Date*
Chapter 13 Indoor Environmental Quality	Section: 13.1 Appendix G	Clarified information from ASHRAE references for guidance on carbon dioxide and relative humidity.	7 JUL 2015
Chapter 4 Exposure Assessment Strategies	4d(4)(b) <u>2</u>	Updated Table 4.3 - Exposure Effect Ratings to remove action level (AL) nomenclature with regards to the 95th percentile exposure point estimate (as used in DOEHRS-IH), and have only the 50% OEL equivalent to the nomenclature used in the AIHA exposure assessment strategy reference.	7 JUL 2015
Chapter 3 Sampling Procedures	1b	Corrected minor typographical error regarding acronyms.	7 JUL 2015
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2-D, Table 2	Updated Table 2-Exposure Effects Rating Categorization to make consistent with Chapter 4, removing action level (AL) nomenclature with regards to the 95th percentile exposure point estimate (as used in DOEHRS-IH) and having only the 50% OEL equivalent to the nomenclature used in the AIHA exposure assessment strategy reference.	7 JUL 2015
Chapter 3 Sampling Procedures	All	Updated Chapter 3 Definition for OEL based on BUMED input.	10 JUN 2015
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 Definition for OEL based on BUMED input.	10 JUN 2015
Chapter 13 Indoor Environmental Quality	Sections: 13.1, 13.1 Appendix G, 13.2, 13.3, 13.2 Appendix A and 13.6	Revised and updated the Indoor Environmental Quality Chapter 13Section 1, Section 2, Section 3 and Section 6. Some of the updates included content, primarily in Section1 Appendix G. This update also included updating references and updating any hyperlinks.	2 JUN 2015
Chapter 14 Afloat Industrial Hygiene Survey Reports	3	Corrected and/or updated hyperlinks.	2 JUN 2015



Chapter	Paragraph	Description	File Date*
Chapter 9 Respiratory Protection	4c(2)	Updated Chapter 9 to remove the reference to OSHA 1989 With Changes Through 1992, Table Z-1-A, Table Z-2 previously included in this manual.	6 APR 2015
Chapter 10 Personal Protective Equipment and Chemical Protective Clothing	2a(3); Appendix 10-A, 3d; and Appendix 10-C	Updated Chapter 10 to remove the reference to OSHA 1989 With Changes Through 1992, Table Z-1-A, Table Z-2 previously included in this manual.	6 APR 2015
Chapter 6 Industrial Ventilation	All	Updated Chapter 6 to reflect current guidance for industrial ventilation. This update included reformatting the chapter and updating any hyperlinks.	9 FEB 2015
Chapter 4 Exposure Assessment Strategies	2d and 4d(6)(a)	Updated Chapter 4 to clarify information on handling censored (less than limit of detection (LOD) or limit of quantification (LOQ) data.	20 JAN 2015
Chapter 1 Introduction	All	Updated Chapter 1. This update included reformatting the chapter and updating any hyperlinks.	29 DEC 2014
Table of Contents	Appendix A	Removed Appendix A - Final Rule Limits Promulgated By OSHA In 1989 With Changes Through 1992, Table Z- 1-A, Table Z-2. This update also included reformatting the Table of Contents.	29 DEC 2014
Title Page	All	Removed Title Page, as it was outdated, given that continual maintenance updates (since the last full revision and publication in March 1999) have been made in electronic format and are available on the IHFOM webpage.	29 DEC 2014
Chapter 12 Hazardous Materials Spills/Waste Operations	All	Updated Chapter 12 to reflect current guidance for the industrial hygienists' role in hazardous materials spills/waste operations. This update also included reformatting the chapter and updating any hyperlinks.	10 DEC 2014



Chapter	Paragraph	Description	File Date*
Chapter 11 Ultraviolet Radiation	All	Updated Chapter 11 to reflect current guidance for ultraviolet radiation. This update also included reformatting the chapter and updating any hyperlinks.	9 DEC 2014
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2-D	Updated tables to match Chapter 4 for DOEHRS-IH exposure assessment matrices.	13 NOV 2014
Chapter 3 Sampling Procedures	All	Updated Chapter 3 Definitions to match with Chapter 4 and reformatted entire chapter to current layout.	13 NOV 2014
Chapter 7 Asbestos Monitoring Procedures	All	Updated Chapter 7 to reflect current guidance for asbestos monitoring procedures. This update also included reformatting the chapter and updating any hyperlinks.	26 SEP 2014
Chapter 4 Exposure Assessment Strategies	All	Updated Chapter 4 to reflect current guidance and reflect DOEHRS-IH exposure assessment matrices. This update also included reformatting the chapter and updating any hyperlinks.	22 SEP to 13 NOV 2014
Sampling Forms Definitions	NMCPHC 5100/13 NMCPHC 5100/14 NMCPHC 5100/15.1 NMCPHC 5100/15.2 NMCPHC 5100/16 NMCPHC 5100/18 NMCPHC 5100/19 NMCPHC 5100/20	Minor cosmetic change.	19 SEP 2014
Chapter 8 Equipment Maintenance and Calibration	All	Updated Chapter 8 to reflect current guidance for industrial hygiene sampling equipment. This update also included updating any hyperlinks.	19 SEP 2014
Chapter 5 Noise Surveys	Appendix 5-B and Audiometric Booth Certification Form	Changed Appendix 5-B cosmetically to highlight certain information at the request of the audiologist.	11 SEP 2014
Chapter 2 Industrial Hygiene Surveys and Survey Reports	Appendix 2-D	Updated tables to reflect DOEHRS-IH exposure assessment matrices.	11 SEP 2014



Chapter	Paragraph	Description	File Date*
Chapter 3 Sampling Procedures	All	Updated Chapter 3 to reflect current guidance for industrial hygiene sampling procedures. This update also included reformatting the chapter and updating any hyperlinks.	11 SEP 2014
Chapter 10 Personal Protective Equipment and Chemical Protective Clothing	All	Updated Chapter 10 to reflect current guidance for personal protective equipment. This update also included reformatting the chapter and updating any hyperlinks.	17 JUL 2014
Chapter 13 Indoor Environmental Quality	Sections: 13 Introduction, 13.1, 13.1 Appendix G, 13.2, 13.2 Appendix B, 13.3, 13.4, 13.5 and 13.6	Revised and updated the Indoor Environmental Quality Chapter 13 Introduction, Section 1, Section 2, Section 3, Section 4, Section 5 and Section 6. Some of the updates included content, primarily in Sections 1, 2, 3 and Section1 Appendix G. This update also included reformatting the chapter and updating any hyperlinks.	8 JUL 2014
Chapter 9 Respiratory Protection	Appendix 9-A, Footnote C of Assigned Protection Factors table	Updated footnote regarding assigned protection factor information for helmet/hooded Powered Air-Purifying Respirator (PAPR) and Supplied-Air Respirator (SAR).	7 JUL 2014
Chapter 9 Respiratory Protection	All	Updated Chapter 9 to reflect current guidance for respiratory protection. This update also included reformatting the chapter and updating any hyperlinks.	22 MAY 2014
Chapter 2 Industrial Hygiene Surveys and Survey Reports	All	Updated Chapter 2 and reorganized and added appendices to reflect current guidance and upcoming policy changes for conducting industrial hygiene surveys. This update also included reformatting the chapter and updating any hyperlinks.	9 to 21 MAY 2014
Chapter 5 Noise Surveys	7, 8 and 11/12 (References)	Updated Chapter 5 to reflect current guidance (BUMED Note 6260) and upcoming policy changes for noise surveys. This update also included reformatting the chapter and updating any hyperlinks.	9 MAY 2014



Chapter	Paragraph	Description	File Date*
Sampling Forms	NMCPHC 5100/13	Updated sampling forms.	28 JUN 2013
	NMCPHC 5100/14		
	NMCPHC 5100/15.1		
	NMCPHC 5100/15.2		
	NMCPHC 5100/17		
	NMCPHC 5100/18		
	NMCPHC 5100/19		
	NMCPHC 5100/20		
Sampling Forms	NMCPHC 5100/13	Updated sampling forms definitions.	28 JUN 2013
Definitions	NMCPHC 5100/14		
	NMCPHC 5100/15.1		
	NMCPHC 5100/15.2		
	NMCPHC 5100/17		
	NMCPHC 5100/18		
	NMCPHC 5100/19		
	NMCPHC 5100/20		
Appendix A	Table Z-1A	Fix typo for Dieldrin TWA value.	23 APR 2013
Chapter 2	Appendix 2-A, 3c and	Minor cosmetic change.	12 MAR 2013
Industrial Hygiene	4h(5)		
Surveys and Survey			
Reports			
Chapter 3	12	Minor cosmetic wording change.	27 FEB 2013
Sampling Procedures			
Chapter 2	Appendix 2-A, 3g and 4g	Updated industrial hygienist's role in	27 FEB 2013
Industrial Hygiene		recommending medical surveillance.	
Surveys and Survey			
Reports			
Chapter 2	Appendix 2-B	Added a new Appendix 2-B on	27 FEB 2013
Industrial Hygiene		recommended formats for medical	
Surveys and Survey		surveillance summaries.	
Reports			
Chapter 13	Sections: 13.3	Revised and updated the Indoor	26 FEB 2013
Indoor Environmental		Environmental Quality Chapter 13	
Quality		Section 3 with information from the	
		new World Health Organization	
		guidelines, NAVFAC interim guidance	
		and United Facilities Guide	
		Specification, and checked links, and	
		updated references resources.	
Chapter 3	11b and 11f	Updated outdated statement	26 FEB 2013
Sampling Procedures		regarding thoracic and inhalable OELs.	



Chapter	Paragraph	Description	File Date*
Chapter 3 Sampling Procedures	18	Removed the year from the ACGIH Latest Edition TLVs® and BEIs, Threshold Limit Values for Chemical Substances and Physical Agents reference.	26 FEB 2013
Chapter 3 Sampling Procedures	1b, 3a, 3b and 5b	Minor cosmetic wording change.	26 FEB 2013
Chapter 4 Exposure Assessment Strategies	4d(4)(e)(i)	Minor cosmetic wording change.	26 FEB 2013
Chapter 13 Indoor Environmental Quality	Section: 13.1 Appendix G	Revised and updated the Indoor Environmental Quality Chapter 13 Section 1 Appendix G National Ambient Air Quality and World Health Organization standards, checked links, and updated references resources.	12 FEB 2013
Entire IHFOM including Appendices, Sampling Forms, Sampling Forms Definitions and webpage links	All	Checked and updated hyperlinks.	19 DEC 2012 to 13 FEB 2013
Chapter 9 Respiratory Protection (Draft)	All	Removed Chapter 9 Draft.	17 DEC 2012
Appendix A	Table Z-1A	Removed typographical error in CAS number.	12 DEC 2012
Chapter 3 Sampling Procedures	Appendix 3-B	Revised Appendix 3-B. The previous Appendix B detailed a risk assessment process for determining health-based criteria to which wipe sampling results for a specific contaminant could be compared. That has been replaced by a process for collecting wipe samples of metal dusts in sufficient numbers to allow for useful statistical analysis and decision making. This process is specifically focused on sampling in non-industrial areas such as lunch rooms and includes criteria for metals of interest in such non-industrial areas. The risk assessment process is still available from NMCPHC upon request.	14 NOV 2012

Chapter	Paragraph	Description	File Date*
Appendix A	Table Z-1A	Removed multiple typographical	4 Oct 2012
		errors in CAS number, exposure limit	
Annondiv A	Table 7.2	and skin designations  Removed Fluoride as dust since it was	4 Oct 2012
Appendix A	Table Z-2		4 Oct 2012
		not cross-referenced in Table Z-1-A,	
		per 29 CFR 1910.1000 7-1-1992 Edition or cross-referenced due to	
		later OSHA 6b single substance	
		standards.	
Chapter 3	17 c (3)	Made it generic to metals and not	21 MAY to 28
Sampling Procedures	17 C (3)	focusing on Lead alone. Referred the	JUN 2012
Sampling Procedures		reader to the new Appendix 3-B for	JOIN 2012
		the Surface Contamination Risk	
		Assessment guide.	
Chapter 3	18	Removed References 3-17 and 3-18 as	21 MAY to 28
Sampling Procedures	18	they are for lead-based paint	JUN 2012
Sampling Procedures		assessments in housing. This should	JOIN 2012
		not be done by BUMED industrial	
		hygienists unless they are Certified	
		Lead Based Paint (LBP) Inspectors or	
		Risk Assessors and there is a	
		Memorandum of Understanding	
		(MOU) between the housing manager	
		and the Medical Treatment Facility	
		(MTF) to perform this function.	
Chapter 3	Appendix 3-B	Rewrote Appendix 3-B. Originally, it	21 MAY to 28
Sampling Procedures		contained information regarding lead	JUN 2012
,		wipe sampling for housing. Now, it is	
		the Surface Contamination Risk	
		Assessment guide.	
Chapter 13	Section: 13 Introduction	Removed a reference that was in	13 FEB 2012
Indoor Environmental		error, mentioning Sections 13.7 and	
Quality		13.8, which do not exist.	
Title Page	All	Updated hyperlinks.	27 APR 2011
Chapter 2	All	Updated hyperlinks.	27 APR 2011
Industrial Hygiene			
Surveys and Survey			
Reports			
Chapter 3	All	Updated hyperlinks.	27 APR 2011
Sampling Procedures			
Chapter 5	All	Updated hyperlinks and some minor	27 APR 2011
Noise Surveys		cosmetic changes.	



Chapter	Paragraph	Description	File Date*
Chapter 7 Asbestos Monitoring Procedures	All	Updated hyperlinks.	27 APR 2011
Chapter 8 Equipment Maintenance and Calibration	All	Updated hyperlinks.	27 APR 2011
Chapter 9 Respiratory Protection (Draft)	All	Updated hyperlinks.	27 APR 2011
Chapter 13 Indoor Environmental Quality	Sections: 13 Introduction, 13.1, 13.1 Appendix G, 13.2,13.3, 13.5 and 13.6	Updated hyperlinks.	27 APR 2011
Sampling Forms Definitions	NMCPHC 5100/13 NMCPHC 5100/14 NMCPHC 5100/15.1 NMCPHC 5100/15.2 NMCPHC 5100/16 NMCPHC 5100/17 NMCPHC 5100/18 NMCPHC 5100/19 NMCPHC 5100/20	Updated hyperlinks.	27 APR 2011
Record of Changes	All	Updated hyperlinks.	27 APR 2011
Audiometric Booth Certification Form	All	Removed IHFOM Chapter 5 revision date, since IHFOM Internet updates can be made at any time and having the date on the form would require the form to be updated anytime Chapter 5 had an update whether it was related to the form or not.	27 APR 2011
Chapter 5 Noise Surveys	All	Updated hyperlinks.	18 APR 2011
Chapter 5 Noise Surveys	Appendix 5-B and Audiometric Booth Certification Form	Changed Appendix 5-B to include a link to a new, single, combined audiometric booth certification form and added the new form	12 APR 2011
Chapter 14 Afloat Industrial Hygiene Survey Reports	1 and 3	Revised and updated the Standardized Afloat Industrial Hygiene Survey Reports with input from the BUMED Regional Industrial Hygiene.	10 JAN 2011
Sampling Forms	NMCPHC 5100/19 NMCPHC 5100/20	Updated sampling forms.	29 Oct 2010

Chapter	Paragraph	Description	File Date*
Sampling Forms	NMCPHC 5100/19	Updated sampling forms definitions.	29 Oct 2010
Definitions	NMCPHC 5100/20		
Chapter 5	11a	Changed the requirement of ambient	8 SEP 2010
Noise Surveys		noise levels in audiometric test	
		booths needing to be at least 10dB	
		below the maximum allowable sound	
		pressure levels/maximum permissible	
		ambient noise levels (MPANLs) to	
		needing to be only 3dB below. This	
		was due primarily to the feasibility of	
		finding Type 1 Sound Level Meters to measure that low.	
Chapter 5	11c	Changed the requirement of needing	8 SEP 2010
Noise Surveys	110	to be able to measure to 10dB below	8 3EP 2010
Noise Surveys		the maximum allowable sound	
		pressure levels /maximum	
		permissible ambient noise levels	
		(MPANLs) for audiometric test booth	
		certification to needing to be able to	
		measure only 3dB below. This was	
		due primarily to the feasibility of	
		finding Type 1 Sound Level Meters to	
		measure that low.	
Chapter 5	Appendix 5-B and	Updated links to audiology test booth	27 JUL 2010
Noise Surveys	Audiometric Booth	certification forms. Updated the	
	Certification Form	audiology test booth certification	
		forms to include the latest references	
		and to be fillable .pdf forms.	
Chapter 5	All	Updated the chapter to reflect	29 JAN 2010
Noise Surveys		changes in Navy noise policy due to	
Canadia a Farma	A.II	be released in OPNAVINST 5100.23H.	40 NOV 2000
Sampling Forms Definitions	All	Updated sampling forms definitions	18 NOV 2009
Definitions		to reflect the requirements of using DOEHRS-IH better.	
Chapter 6	2b	Minor cosmetic change.	18 NOV 2009
Industrial Ventilation	20	willion cosmetic change.	10 140 4 2003
Chapter 3	Appendix 3-A, 3	Included information on the	18 NOV 2009
Sampling Procedures	, ipperiain 5 / 1, 5	changeover from using Navy	20110 7 2003
		Industrial Hygiene OPCODEs to the	
		DOEHRS-IH Process	
		Category/Common Process/Process	
		Method picklists.	



Chapter	Paragraph	Description	File Date*
Chapter 13 Indoor Environmental Quality	Section: 13.1 Appendix G	Revised and updated the Indoor Environmental Quality Chapter 13 Section 1 Appendix G standards, checked links and updated references resources.	18 NOV 2009
Chapter 13 Indoor Environmental Quality	Sections: 13.1, 13.2, 13.2 Appendix A and 13.3	Revised and updated the Indoor Environmental Quality Chapter 13 Section 1, Section 2, Section 2 Appendix A and Section 3 with information from the new World Health Organization and New York City guidelines, checked links and updated references resources.	18 NOV 2009
Sampling Forms	All	Updated sampling forms to reflect the requirements of using DOEHRS-IH better.	17 to 18 NOV 2009
Chapter 13 Indoor Environmental Quality	Section: 13.6	Checked links, updated resources and added or removed laboratories based upon the current American Industrial Hygiene Association (AIHA) accreditation list to Indoor Environmental Quality Chapter 13 Section 6.	24 JUN 2009
Chapter 9 Respiratory Protection (Draft)	All	Updated website links.	18 JUN 2009
Chapter 8 Equipment Maintenance and Calibration	4b	Updated information on NMCPHC Calibration Laboratory.	15 JUN 2009
Chapter 5 Noise Surveys	All	Updated website links.	21 MAY 2009
Chapter 6 Industrial Ventilation	2b, 5d and 9	Added information regarding performing Biological Safety Cabinet surveys.	31 JAN 2009
Chapter 2 Industrial Hygiene Surveys and Survey Reports	3c	Added information regarding performing Biological Safety Cabinet surveys. Updated hyperlinks.	31 JAN 2009
Chapter 4 Exposure Assessment Strategies	All	General update of Chapter 4.	15 JAN 2009



Chapter	Paragraph	Description	File Date*
Chapter 9 Respiratory Protection (Draft)	All	Added draft for an update to Chapter 9. This will not replace the existing Chapter 9 until after full Industrial Hygiene Management review. For a list of changes to Chapter 9 see: Summary_of_Changes_to_Draft_IHFO M_Chapter_9.pdf	8 JAN to 31 MAR 2009
Chapter 5 Noise Surveys	9	Corrected Noise Reduction Rating (NRR) derating formulas.	19 SEP 2008
Chapter 13 Indoor Environmental Quality	Sections: 13 Introduction, 13.1, 13.1 Appendix A, 13.1 Appendix B, 13.1 Appendix C, 13.1 Appendix D, 13.1 Appendix E, 13.1 Appendix F, 13.1 Appendix G, 13.2, 13.2 Appendix A, 13.2 Appendix B, 13.3, 13.3 Appendix A and 13.6	Revised and updated the Indoor Environmental Quality Chapter 13 Introduction, Section 1 and Section 6. Primarily cosmetic changes made to Indoor Environmental Quality Chapter 13 Section 2 and Section 3.	11 JUN 2008 to 15 JAN 2009
Sampling Forms	NMCPHC 5100/13 NMCPHC 5100/14 NMCPHC 5100/15.1 NMCPHC 5100/15.2 NMCPHC 5100/18 NMCPHC 5100/19 NMCPHC 5100/20	Updated these forms to add a field required by Defense Occupational Environmental Health Readiness System – Industrial Hygiene (DOEHRS-IH) that was not already on the forms: Exposure Origin. (This field is Marked as optional since this field would likely only be used by DOEHRS-IH users. However, it would be required for DOEHRS-IH users.)	3 JUN 2008
Sampling Forms Definitions	NMCPHC 5100/13 NMCPHC 5100/14 NMCPHC 5100/15.1 NMCPHC 5100/15.2 NMCPHC 5100/18 NMCPHC 5100/19 NMCPHC 5100/20	Updated sampling forms definitions to add a field required by DOEHRS-IH that was not already on the forms: Exposure Origin. (This field is Marked as optional since this field would likely only be used by DOEHRS-IH users. However, it would be required for DOEHRS-IH users.)	3 JUN 2008 to 15 JAN 2009



Chapter	Paragraph	Description	File Date*
Chapter 13 Indoor Environmental Quality	Sections: 13 Introduction, 13.2, 13.2 Appendix A, 13.2 Appendix B, 13.3, 13.3 Figure 1 (MR Wheel), 13.3 Figure 2, 13.3 Appendix A, 13.4, 13.5 and 13.6	Revised and updated the Indoor Environmental Quality Chapter 13 Introduction, Section 2, Section 3, Section 4, Section 5 and Section 6.	30 APR to 8 MAY 2008
Entire IHFOM  Entire IHFOM including Appendices, Sampling Forms, Sampling Forms Definitions and webpage links	All	Updated font from Courier to Times New Roman.  Changed Command name from Navy Environmental Health Center (NEHC) to Navy and Marine Corps Public Health Center (NMCPHC).	7 MAR 2008 7 MAR 2008
Chapter 3 Sampling Procedures	Appendix 3-A, 4	Updated the OPCODE dictionary and the table showing what was added or changed.	8 NOV 2007
Sampling Forms Definitions	NEHC 5100/15a NEHC 5100/15b	Updated the hyperlinks to reflect the number changes to the sampling forms from NEHC 5100/15a to NEHC 5100/15.1 and NEHC 5100/15b to NEHC 5100/15.2.	28 SEP 2007
Chapter 3 Sampling Procedures	1c, 1d, 2c and 2d	Updated the hyperlinks to reflect the number changes to the sampling forms from NEHC 5100/15a to NEHC 5100/15.1 and NEHC 5100/15b to NEHC 5100/15.2.	28 SEP 2007
Chapter 3 Sampling Procedures	12b	Added a Note giving a recommendation for balance specifications for weighing IOM inhalable aerosol samplers.	28 SEP 2007
Title Page	Title Page	Added a Note discussing that continual maintenance updates since the last full revision and publication in March 1999 have been made only in electronic format and are available on the IHFOM web page.	28 SEP 2007
Sampling Forms	NEHC 5100/15a NEHC 5100/15b	Based on current naming requirements, I changed the forms' numbers from NEHC 5100/15a to NEHC 5100/15.1 and NEHC 5100/15b to NEHC 5100/15.2.	16 AUG 2007



Chapter	Paragraph	Description	File Date*
Chapter Sampling Forms Sampling Forms Definitions	Paragraph  NEHC 5100/13  NEHC 5100/14  NEHC 5100/15a  NEHC 5100/15b  NEHC 5100/18  NEHC 5100/19  NEHC 5100/20  NEHC 5100/14  NEHC 5100/15a  NEHC 5100/15b  NEHC 5100/15b  NEHC 5100/15b  NEHC 5100/19  NEHC 5100/19  NEHC 5100/20	Updated the Privacy Act Statement at the end of the survey forms for personal sampling data. This was done to meet Privacy Act requirements. This statement is now a required field on survey forms for personal sampling data. However, signature of the sampled employee is no longer required  Updated sampling forms definitions regarding the Privacy Act Statement at the end of the survey forms for personal sampling data.	File Date* 5 JUL 2007
Chapter 3 Sampling Procedures	Appendix 3-A, 4	Updated the OPCODE dictionary and the table showing what was added or changed.	21 FEB 2007
Sampling Forms	All	Updated sampling forms to accommodate Navy Comprehensive Industrial Hygiene Laboratory (CIHL) reports. This removed many of the fields filled in by the laboratories. Updated the sampling forms for samples that do not go to the laboratories to standardize the look of the forms.	21 FEB 2007
Sampling Forms Definitions	All	Updated sampling forms definitions to accommodate Navy CIHL reports. This removed many of the fields filled in by the laboratories. Updated the sampling forms definitions for samples that do not go to the laboratories to standardize the look of the forms definitions.	21 FEB 2007
Sampling Forms	NEHC 5100/13 NEHC 5100/14 NEHC 5100/15a NEHC 5100/15b NEHC 5100/18 NEHC 5100/19 NEHC 5100/20	Add For Official Use Only statement for Privacy Act information.	3 AUG 2006



Chapter	Paragraph	Description	File Date*
Sampling Forms	NEHC 5100/13 NEHC 5100/14 NEHC 5100/15a NEHC 5100/15b NEHC 5100/16	Change limit of detection or LOD to limit of quantification or LOQ.	12 JUL 2006
Sampling Forms Definitions	NEHC 5100/13 NEHC 5100/14 NEHC 5100/15a NEHC 5100/15b NEHC 5100/16	Change limit of detection or LOD to limit of quantification or LOQ.  Removed the reference to the old Appendix B Navy adopted OELs.	12 JUL 2006
Chapter 3 Sampling Procedures	All	Change limit of detection or LOD to limit of quantification or LOQ.	11 JUL 2006
Chapter 4 Exposure Assessment Strategies	All	Change limit of detection or LOD to limit of quantification or LOQ.	11 JUL 2006
Chapter 7 Asbestos Monitoring Procedures	All	Change limit of detection or LOD to limit of quantification or LOQ.	11 JUL 2006
Chapter 5 Noise Surveys	3b	Added the OPNAVINST 5100.19 Series requirement for keeping noise measurement records for 50 years. Referred to the SECNAV M-5210.1 Series requirements for records retention.	7 JUL 2006
Chapter 5 Noise Surveys	12	Added the SECNAV M-5210.1 Series reference as reference 5-3. Updated the references.	7 JUL 2006
Chapter 2 Industrial Hygiene Surveys and Survey Reports	3c	Added information on records retention and records disposition.	7 JUL 2006
Chapter 2 Industrial Hygiene Surveys and Survey Reports	5	Updated reference 2-2 to the new SECNAV M-5210.1 Series.	7 JUL 2006
Chapter 9 Respiratory Protection	3a(5)	Removed the reference to the old Appendix B Navy adopted OELs.	7 JUL 2006
Chapter 8 Equipment Maintenance and Calibration	4b(1)(d)	Added to noise dosimeters that NEHC calibrates the Quest models M7B, M14, M15, M27, M28, Q100, Q220P, Q300, Q300, Q400, Q500 and Quest Noise Pro DL/DLX.	6 JUL 2006



Chapter	Paragraph	Description	File Date*
Chapter 5 Noise Surveys	3a(2)	Updated paragraphs to specify the settings necessary for noise dosimeters that require programming of an upper limit, to recommend data logging capability in noise dosimeters and to specify that any new purchases of noise dosimeters be capable of programming for a 3dB exchange rate as well as the 4dB exchange rate currently required by the Navy.	6 JUL 2006
Appendix A	Table Z-2	Deleted carbon disulfide, carbon tetrachloride, formaldehyde, hydrogen fluoride, hydrogen sulfide, mercury, methyl chloride, organo (alkyl) mercury, styrene, tetrachloroethylene, toluene, and trichloroethylene since they are covered under Table Z-1A.	5 JUL 2006
Sampling Forms	NEHC 5100/17	Updated the Industrial Hygiene Noise Survey Form NEHC 5100/17. A Measurement Location field was added to describe and document the actual location where the noise measurement was taken. Also, additional guidance on taking a Noise Hazardous Radius measurement at 84 dBA and 104 dBA, where needed, was added.	3 JUL 2006
Sampling Forms Definitions	NEHC 5100/17	Updated the Industrial Hygiene Noise Survey Form NEHC 5100/17 Explanations and Definitions. A Measurement Location field definition was added so that the actual location where the noise measurement was taken could be described and documented. Also, additional guidance on taking a Noise Hazardous Radius measurement at 84 dBA and 104 dBA, where needed, was added.	3 JUL 2006
Appendix A	Table Z-1	Updated the Table Z-1A with respect to the new Hexavalent Chromium standard 29 CFR 1910.1026.	30 JUN 2006



Chapter	Paragraph	Description	File Date*
Appendix A	Table Z-2	Updated the Table Z-2 with respect to the new Hexavalent Chromium standard 29 CFR 1910.1026.	30 JUN 2006
Chapter 8 Equipment Maintenance and Calibration	Table 8-1	Deleted annual requirement for laboratory calibration of Toxic Gas Meters. Added information to the table regarding the manufacturers' requirements taking precedence.	30 JUN 2006
Chapter 3 Sampling Procedures	16f	Added information needed to be recorded to look up sampling rates/uptake rates for passive monitors.	26 JAN 2006
Chapter 2 Industrial Hygiene Surveys and Survey Reports	References and Appendix 2-A, 3d(1)(h) and 2d(1)(g)	Added a new reference 2-3 (NEHC technical manual for reproductive hazards.	3 AUG 2005
Chapter 5 Noise Surveys	11f	Updated paragraphs to remove outdated equipment.	3 AUG 2005
Chapter 5 Noise Surveys	12	Updated references to reflect current editions.	3 AUG 2005
Chapter 13 Indoor Environmental Quality	Introduction and 13.5	Added 13.5 Risk Communication and Mold to the Indoor Environmental Quality Chapter 13.	15 DEC 2004
Exposure Monitoring Form	All	Removed the new NEHC - 5100\21 Exposure Monitoring Plan form since it will remain in the OPNAVINST 5100.23 Series as the OPNAV 5100\14 Exposure Monitoring Plan form.	31 AUG 2004
Chapter 4 Exposure Assessment Strategies	7	Removed link to new NEHC - 5100\21 Exposure Monitoring Plan form.	31 AUG 2004
Chapter 7 Asbestos Monitoring Procedures	6g	Added wording clarifying the need for formal classroom training in polarized light microscopy (PLM)/dispersion staining.	12 JUL 2004
Chapter 5 Noise Surveys	Appendix 5-B, 1	Corrected and/or updated hyperlinks.	1 JUL 2004
Exposure Monitoring Form	All	Converted the OPNAV 5100\14 Exposure Monitoring Plan form to a new NEHC Form - 5100\21 Exposure Monitoring Plan.	20 MAY 2004



Chapter	Paragraph	Description	File Date*
Chapter 4 Exposure Assessment	7	Added link to Exposure Monitoring Plan – NEHC Form 5100\21 (Formerly	20 MAY 2004
Strategies		OPNAV 5100\14).	
Chapter 3	12b	Added information on consulting the	31 MAR 2004
Sampling Procedures	120	analytical method being used for	31 1417 (17 2004
		specific requirements during	
		gravimetric analysis.	
Chapter 3	Appendix 3-A, 4	Updated the OPCODE dictionary and	23 FEB 2004
Sampling Procedures		the table showing what was added or	
		changed.	
Chapter 4	2c, 8a(1) and 8a(2)	Added clarification regarding the use	13 FEB 2004
Exposure Assessment		of censored data when doing	
Strategies		population statistics on groups of	
		STEL/Ceiling results.	
Chapter 2	3a(4)	Added ergonomics as a physical	13 FEB 2004
Industrial Hygiene		stressor.	
Surveys and Survey			
Reports			42 550 2004
Chapter 2	Appendix 2-A, 3c and 4c	Added ergonomics as a program.	13 FEB 2004
Industrial Hygiene			
Surveys and Survey Reports			
Chapter 3	8c	Added information on NEHC	13 FEB 2004
Sampling Procedures	oc	reviewing breathing zone sampling	131112004
Sumpling Procedures		forms sent to the CIHLs for analysis	
		for accuracy and completeness and	
		referenced the Bureau of Medicine	
		and Surgery (BUMED) Industrial	
		Hygiene Data Quality letter.	
Chapter 3	18	Added a new reference 3-9 and	13 FEB 2004
Sampling Procedures		moved existing references.	
Chapter 5	10c	Updated the NEHC address.	28 JAN 2004
Noise Surveys			
Chapter 8	4b(1)	Updated information on equipment	28 JAN 2004
Equipment Maintenance		that is calibrated at the NEHC	
and Calibration		Calibration Laboratory.	
Chapter 8	16, 18 and Table 8-2	Added information on equipment	28 JAN 2004
Equipment Maintenance		lifecycle service life.	
and Calibration	44 - Hours - 1- 44 C		27 1411 2004
Chapter 3	11c through 11f	Added additional information on	27 JAN 2004
Sampling Procedures	10h/10a	inhalable and total aerosol sampling.	0.1411.2004
Chapter 3	10b/10c	Moved old 10b to 10c.	8 JAN 2004
Sampling Procedures			

Chapter	Paragraph	Description	File Date*
Chapter 3 Sampling Procedures	10b	Added a new discussion on estimating overall precision of a sampling and analytical method when S <sub>rT</sub> is not provided.	8 JAN 2004
Chapter 3 Sampling Procedures	18	Added a new reference 3-10 (3-11 when the update was posted to the NEHC website) and moved existing references.	8 JAN 2004
PPE Codes	All	Updated and added a few PPE Codes.	21 NOV 2003
Chapter 13 Indoor Environmental Quality	All	Revised and updated the Indoor Environmental Quality (formerly Indoor Air Quality) Chapter 13.	28 Oct 2003
Table of Contents	Chapter 13	Changed Chapter 13's name from Indoor Air Quality to Indoor Environmental Quality.	28 Oct 2003
Table of Contents	Appendix B	Removed Appendix B Table 1 for Navy adopted OELs from the Table of Contents. See above.	25 JUL 2003
Appendix B	Table 1	Removed Table for Navy adopted OELs – Fuels and MMVF. This was done since there now are ACGIH TLVs for these stressors. Consult the hierarchy of standards in OPNAVINST 5100.23 series Chapter 16.	25 JUL 2003
Appendix B	Cover	Removed the cover page for the Table for Navy adopted OELs – Fuels and MMVF. See above.	25 JUL 2003
Chapter 4 Exposure Assessment Strategies	5c	Removed the reference to the new Appendix B Navy adopted OELs. See above.	25 JUL 2003
Chapter 5 Noise Surveys	11	Further updated and expanded the information on the certification of audiometric booths.	9 JUL 2003
Chapter 5 Noise Surveys	Appendix 5-B, 1	Corrected and/or updated hyperlinks.	9 JUL 2003
Sampling Forms	All	Updated sampling forms to show non- required fields. This will aid the users in knowing what needs to be filled in.	28 APR 2003



Chapter	Paragraph	Description	File Date*
Sampling Forms	All	Created a separate specific sampling	24 to 28 APR
Definitions		forms definition's sheet for each	2002
		sampling form. This makes it easier	
		for the user to look up the definitions	
		when they are filling in samplings	
		forms. The new sampling forms	
		definitions sheets show and explain	
		which fields are required and	
		optional. This will aid the users in	
		knowing what needs to be filled in.	

Technical Manual NMCPHC-			HC-TM6290.91-2
Chapter 9	All	The revision includes many new	19 DEC 2002
Respiratory Protection		internet hypertext links to sources of	
		in depth information, including the	
		following topics: written standard	
		operating procedures (SOPs) including	
		downloading of a generic respirator	
		SOP; NIOSH/NIST/SBCCOM	
		development of approval schedules	
		for testing and certifying air purifying	
		respirators as protection against	
		chemical, biological, and radiological	
		(CBR) warfare agents; respirator	
		cartridge change out schedules;	
		compressed breathing air, including	
		methods for testing breathing air	
		quality; NIOSH approval of self-	
		contained breathing respirators for	
		emergency workers in terrorist	
		attacks; NIOSH Guide to the Selection	
		and Use of Particulate Respirators	
		Certified Under 42 CFR 84; respirator	
		homepage article expounding upon	
		the logic for exempting AABA from	
		quarterly breathing air quality testing;	
		NIOSH approval of Breath Responsive	
		PAPRs; along with several more.	
		Several topics were expounded upon,	
		including: respirator selection for use	
		in oxygen deficient atmospheres;	
		calculation of effective protection	
		factors; respirator cleaning	
		procedures using bleach and iodine;	
		medical evaluation of respirator	
		users; color coding for air purifying	
		respirator cartridges and filters;	
		explanation of why all nine classes of	
		particulate filtered respirators	
		approved by NIOSH are protective	
		against Anthrax bacilli and spores; list	
		of filter degrading oils; methods for	
		calculating change out schedules for	
		particulate filtering recairators	

particulate filtering respirators;

powered air purifying respirators; and chemical cartridge sorbent materials.

Chapter	Paragraph	Description	File Date*
Chapter 3	17b(3)	Updated information on wipe	17 DEC 2002
Sampling Procedures		sampling techniques.	
Chapter 10	11b(4)	Corrected and/or updated hyperlinks.	17 DEC 2002
Personal Protective			
Equipment and Chemical			
Protective Clothing			
Chapter 7	Appendix 7-A, 1	Corrected and/or updated hyperlinks.	17 DEC 2002
Asbestos Monitoring			
Procedures	4-3		
Chapter 4	5a(2)	Added invitation to contact NEHC	19 NOV 2002
Exposure Assessment		regarding dermal exposure	
Strategies		assessment.	
Chapter 3	1e	Corrected reference from the	17 Oct 2002
Sampling Procedures		incorrect Chapter 8 of OPNAVINST	
		5100.23 Series to the correct Chapter	
		16 of OPNAVINST 5100.23 Series.	
Chapter 3	Appendix 3 A, 1 through	Corrected and/or updated hyperlinks.	17 Oct 2002
Sampling Procedures	3		
Chapter 4	2m	Corrected reference from the	17 Oct 2002
Exposure Assessment		incorrect Chapter 8 of OPNAVINST	
Strategies		5100.23 Series to the correct Chapter	
		16 of OPNAVINST 5100.23 Series.	
Chapter 5	Appendix 5-A, 1	Corrected and/or updated hyperlinks.	17 Oct 2002
Noise Surveys			
Chapter 4	4a	Corrected reference from 401a to 4-1.	7 Oct 2002
Exposure Assessment			
Strategies			
Chapter 1	4	Updated the NEHC address.	20 JUN 2002
Introduction			
Chapter 8	4b(3)	Updated the NEHC address.	20 JUN 2002
Equipment Maintenance			
and Calibration			
Chapter 7	1	Added a reference to the new	16 MAY 2002
Asbestos Monitoring		asbestos fiber counting form and the	
Procedures		new asbestos bulk sample analysis	
		form.	
Chapter 7	Appendix 7-A	Added Appendix 7-A with hyperlinks	16 MAY 2002
Asbestos Monitoring		to the new asbestos fiber counting	
Procedures		form and the new asbestos bulk	
		sample analysis form.	



Chapter	Paragraph	Description	File Date*
Sampling Forms	Asbestos Fiber Counting Form and Asbestos Bulk Sample Analysis Form	Modified these Navy Consolidated Industrial Hygiene Laboratory (CIHL) forms, originally developed by San Diego CIHL, to make them generic for use by any laboratory.	16 MAY 2002
Chapter 5 Noise Surveys	3b	Corrected the requirement for how long noise measurement records must be kept by changing it from the incorrect 50 years to the correct 40 years as is referenced in OPNAVINST 5100.23 Series.	16 MAY 2002
Chapter 5 Noise Surveys	12	Corrected reference 5-1 OPNAVINST 5100.23 Series from the incorrect Chapter 18 to the correct Chapter 8, Hearing Conservation and Noise Abatement.	16 MAY 2002
Chapter 3 Sampling Procedures	Appendix 3-A, 1 through 3	Corrected and/or updated hyperlinks.	29 APR 2002
Chapter 5 Noise Surveys	Appendix 5-A, 1; Appendix 5-B, 1	Corrected and/or updated hyperlinks.	29 APR 2002
Chapter 9 Respiratory Protection	3 through 12	Corrected and/or updated hyperlinks.	29 APR 2002
Chapter 14 Afloat Industrial Hygiene Survey Reports	3	Corrected and/or updated hyperlinks.	29 APR 2002
Appendix B	Table 1, References	Corrected and/or updated hyperlinks.	29 APR 2002
Chapter 5 Noise Surveys	11	Further updated and expanded the information on the certification of audiometric booths.	16 APR 2002
Chapter 5 Noise Surveys	12	Updated the references.	12 APR 2002
Chapter 8 Equipment Maintenance and Calibration	10 through 13	Added information on calibration for direct reading gas monitors, direct reading dust monitors and other direct reading instruments.	12 APR 2002
Chapter 3 Sampling Procedures	15b through 15d	Added information on calibration and limitations for direct reading gas monitors, direct reading dust monitors and other direct reading instruments.	11 APR 2002
Chapter 3 Sampling Procedures	1c, 1d and 1g	Updated the definitions for ceiling, excursion limit and short-term exposure limit.	9 APR 2002



Chapter	Paragraph	Description	File Date*
Chapter 3 Sampling Procedures	All	Corrected and updated references.	9 APR 2002
Chapter 8 Equipment Maintenance and Calibration	14a and 14b	Added the statements that the anemometer should be qualitatively checked to ensure that it is in good working condition.	8 APR 2002
Chapter 5 Noise Surveys	11	Updated and expanded the information on the certification of audiometric booths.	8 APR 2002
Chapter 5 Noise Surveys	Appendix 5-B	Changed Appendix 5-B to include links to the medical surveillance audiometric booth certification form and the clinical audiometric booth certification form in the NEHC Field Guide to Audiometric Test Booth Certification.	8 APR 2002
Chapter 12 Hazardous Materials Spills/Waste Operations	4b(3)(d)	Clarified why atmosphere-supplying respirators must be worn when oxygen concentrations are below 19.5%.	8 APR 2002
Sampling Forms	All	Updated recreated sampling forms to include the fields used in the eNOED project.	5 to 17 APR 2002
Sampling Forms Definitions	All	Updated recreated sampling forms definitions to include all the fields for all of the new forms. Added explanations for the use for all of the new forms and added hyperlinks to the forms.	5 to 26 APR 2002
Chapter 13 Indoor Environmental Quality	Appendix 13-F, 4	Corrected referral to reference by changing it from 12F-4 to 13F-4.	4 APR 2002
Chapter 3 Sampling Procedures	Appendix 3-A, 4	Updated the OPCODE dictionary. Added a table showing what was added or changed.	25 MAR to 16 APR 2002
Record of Changes	File Date	Added a footnote explaining that the file date is the date the files were created or updated and that this date may not reflect the actual effective date of posting to the Navy Environmental Health Center (NEHC) website.	7 FEB 2002



Chapter	Paragraph	Description	File Date*
Appendix A	Cover	Deleted Table Z-3 from cover page again. (Previous change not posted to the web.)	5 FEB 2002
Appendix A	Table Z-1A	Made sure the footnote verbiage matched OSHA TABLE Z-1A.	28 AUG 2001
Appendix B	Cover	Added a cover page for the Table for Navy adopted OELs – Fuels and MMVF.	27 AUG 2001
Table of Contents	Appendix B	Added Appendix B Table 1 for Navy adopted OELs to the Table of Contents.	27 AUG 2001
Chapter 4 Exposure Assessment Strategies	5c	Added a reference to the new Appendix B Navy adopted OELs.	27 AUG 2001
Appendix B	Table 1	Added a Table for Navy adopted OELs  – Fuels and MMVF. This table was included for guidance purposes only.	23 AUG 2001
Appendix A	Table Z-1A	Changed Tetryl PEL from 15 to 1.5 mg/m <sup>3</sup> . Properly matched up the footnotes.	23 AUG 2001
Chapter 3 Sampling Procedures	Appendix 3-B, 2f(2)	Added a note about cleaning the templates for wipe sampling.	16 AUG 2001
Chapter 3 Sampling Procedures	Appendix 3-B, 2 through 7	Fixed the numbering of the main paragraphs, beginning with Single Surface Wipe Sampling Procedure through Quality Assurance/Quality Control.	16 AUG 2001
Chapter 3 Sampling Procedures	Appendix 3-B	Added dimension examples to wipe areas or template areas. Fixed inconsistencies in capitalization in some of the headers. Fixed inconsistencies in square foot abbreviations.	16 AUG 2001
Appendix A	Table Z-1A	Corrected spelling for diisopropylamine, moved cotton dust TWA value to the proper column (to mg/m³ from ppm), deleted values under STEL for ethyl formate, moved ceiling values for ethylene glycol to the proper columns, moved fluoride TWA value to the proper column (to mg/m³ from ppm) and added in "—" in blank columns.	15 AUG 2001



Chapter	Paragraph	Description	File Date*
Appendix A	Table Z-2	Deleted ethylene dichloride since it is	15 AUG 2001
		covered under Table Z-1A.	
Appendix A	Table Z-3	Deleted since these were only	14 DEC 2000
		Transitional Limits and the Navy	
		adopted the Final Limits of the OSHA	
		1989 rulemaking.	
Appendix A	Cover	Deleted Table Z-3 from cover page.	14 DEC 2000
Chapter 9	3a(7)	Discussed the use of air-purifying	15 SEP 2000
Respiratory Protection		respirators for isocyanates and other	
		stressors with poor warning	
		properties when a cartridge change	
		out schedule is established and	
		implemented.	
Chapter 9	8b(4)	Added reference to cartridge change	15 SEP 2000
Respiratory Protection		out schedules.	
Chapter 9	12d(6)	Directed the user to one source of	15 SEP 2000
Respiratory Protection		guidance for cartridge change out	
		schedules.	
Chapter 9	12e	Added absence of a cartridge change	15 SEP 2000
Respiratory Protection		out schedule and an end-of-service-	
		life indicator as instances requiring	
		use of a supplied-air respirator	
		instead of an air-purifying respirator.	
Chapter 9	17	Updated reference 9-11 citation to	15 SEP 2000
Respiratory Protection		reflect year of current edition.	
Chapter 3	Appendix 3-A	Added or changed the wording of	15 SEP 2000
Sampling Procedures		Operation Codes (OPCODEs) to be	
		used with IHIMS.	
Chapter 4	8g(1)	Changed the interpretation of a	27 JUN 2000
Exposure Assessment		UTL <sub>95%,95%</sub> that exceeds the OEL.	
Strategies			

<sup>\*</sup> This is the date the files were created or updated. However, this date may not reflect the actual effective date of posting to the Navy and Marine Corps Public Health Center (NMCPHC) website.